ISSUE 31

Greenville Gazette

Home of the Tigers!



A Note from Ms. Pierce

Regardless of the discipline style we use, power struggles will occur. Power struggles always require two willing participants. When we refuse to engage in a power struggle, the child is left trying to play tug-of-war with himself. If we do engage in a power struggle, these steps enable both adult and child to heal afterward:

Step 1: Forgive yourself

Forgiveness takes place in three steps. Here are the three R's of Forgiveness:

1. Recognize and accept your feelings - Tell yourself, "I feel angry and that's okay."

2. Reframe the experience - Let go of the idea that there is a good guy and a villain.

Tell yourself, "Given our states of mind, we are doing our best."

3. Request help – Calmly ask your child to work with you to co-create a new pattern of behavior.

Step 2: Help the child feel some sense of personal power

Give your child a chance to participate in activities she enjoys and at which she can succeed. Give your child a chance to be of service to others and notice her helpful acts and her acts of kindness.

Step 3: Spend time with the child to develop a trusting relationship

Have face-to-face interactions that are playful, such as I Love You Rituals.

Step 4: Help the child learn how to handle frustration and engage in healthy problem solving

Practice stress-disengaging techniques such as S.T.A.R. Breathing S = Stop & smile, T= Take a deep breath, A = And, R = Relax

As always, we wish you well!

Love,

Ms. Pierce

Greenville Elementary

7025 Cross Street Greenville, IN 47124

Sarah Pierce, Principal

Cindy Stroud, Administrative Intern

Phone: 812-542-5504

Fax: 812-542-4786

Attendance Line: 812-542-5301



April 23rd Tye Dye Day

April 30th Down on the Farm Dress Up; All Pro Dads RSVP Required

May 14th Crazy Sock Day

May 21st Tiger Spirit Wear

May 27th Last student day of school

Thank you to Mrs. Kruer for organizing the Recycling Project last year. Thank you to Jacobi Oil Service and First Harrison Bank for the generous donations to help us purchase new picnic tables through the Recycling Project.





If anyone in your household gets a COVID test or tests positive for COVID, please contact our school nurse, Sherry Stanfield, at either 812.542.2264 or via email: <u>sstanfield@nafcs.org</u>. You can also email Ms. Pierce at <u>spierce@nafcs.org</u> These Greenville students lost their beloved Aunt Mindy Avis. Mindy loved animals and children, so the family asked for donations to be made to the Greenville 4-H Club. The 4-H club chose to use those donations to sponsor a bench in her memory. Thank you to Mindy's family for supporting 4-H. Allie, Gracie and Cooper Main Owen and Brooks Avis

Students that purchase a school lunch on Fridays through the month of April and May will get a Sidekick Slushie to go with their meal.

Greenville Elementary School Lifetouch Spring Picture order information. Order ID# EVTCWZQPZ

April 26th	April 27th	April 28th	April 29th	April 30th
Breakfast: #1 Fruit Filled Strudel #2 Cereal Pear Cup, 100% Fruit Juice, 1% White Milk	Breakfast: #1Manager's Choice #2 Cereal Orange Wedges, 100% Fruit Juice, 1% White Milk	Breakfast: #1 Sausage Gravy & Biscuit, #2 Cereal Manager's Choice Fruit, 100% Fruit Juice, 1% White Milk	Breakfast: #1 Sausage Pancake Sandwich #2 Cereal Sides: Pearch Cup, 100% Fruit Juice, 1% White Milk	Breakfast: #1Breakfast Bread #2 Cereal Strawberry Cup, 100% Fruit Juice, 1% White Milk
Lunch: #1 Bosco Sticks & Marinara, #2 Yogurt Bistro Bag, #3 Smuckers PBJ Sides: Tater Tots, Seasoned Vegetable Medley, Garden Salad, Fresh Veggies & Dip, Fresh Fruit, Peach Slices, Choice of Milk	Lunch: #1Salisbury Steak & Roll, #2 Chef Salad, #3 Smuckers PBJ Sides: Mashed Potatoes & Gravy, Southern Green Beans, Garden Salad, Fresh Veggies & Dip, Fresh Fruit, Strawberry Applesauce, Choice of Milk	Lunch: #1 Chicken Sandwich, #2 Hot Soft Pretzel & Cheese, #3 Smuckers PBJ Sides: French Fries, Seasoned Peas & Carrots, Garden Salad, Fresh Veggies & Dip, Fresh Fruit, Mixed Fruit Cup, Choice of Milk	Lunch: #1 Walking Taco, #2 Chicken Popper Salad, #3 Smuckers PBJ Sides: Refried Beans, Sweet Potato Fries, Garden Salad, Fresh Veggies & Dip, Fresh Fruit, Pear Slices, Choice of Milk	Lunch: #1 Pork BBQ on Bun, #2 Yogurt Bistro Bag, #3 Smuckers PBJ Sides: Ranch Potatoes, Creamy Coleslaw, Garden Salad, Fresh Veggies & Dip, Fresh Fruit, Applesauce, Choice of Milk

Technology Support

Families should email ingreen@nafcs.org if you do not have connectivity and have not already sent an email.

Student/Parent virtual learner technology support form <u>https://</u> docs.google.com/ forms/d/e/ 1FAIpQLSek3wG8R 726gYtzo96nVsx4Q 2EqCzbmFHQHEm nzsPpoWUjZLw/ viewform

Student/Parent technology support call 812-542-4700, Option 1

Information for Parents about Google Meets & Google Classrooms <u>https://</u> <u>sites.google.co</u> <u>m/nafcs.org/nti/</u> <u>parents</u>