

# Greenville Gazette

Home of the Tigers!



## *A Note from Ms. Pierce*

We use "no" and "don't" over and over in an effort to communicate with children. But what does "no" and "don't" look like, how does "no" and "don't" behave? To communicate effectively and encourage your child's success, tell and show your child what to do (rather than what not to do).

To be clear in our communication, we must paint a picture of what we want the child to do. As adults, we have words that chatter away in our brains; children under about eight years old only have images. For this reason, it is imperative that we give commands in the positive:

"Do not walk in the puddle," becomes "Tristin, walk around the puddle (make a hand gesture signifying around)."

"Stop hitting your sister," becomes "Evan, touch your sister gently on her arm (demonstrate on your arm)."

"Pick up the blocks," becomes "Raphie, put your blocks in the bucket just like this (demonstrate)."

Children use mental pictures to guide their behavior instead of words, so it is helpful if we use pictures to guide their behavior as well. Use your body as a picture by modeling what you want, use your words to help paint pictures of what you want, put up actual pictures that show what to do, and use the word "stop" rather than "no." "Stop" means a cessation of movement. Starting in infancy play as many stop and go activities as possible. Walking while carrying your baby you can chant, "We walk and we walk and we walk and stop!" As they grow older, play fun stop and go games. Ultimately, they will learn that "stop" means "pause" or "hold up," and that split second provides the time you need to jump in and guide or discipline them.

Also, whenever we're upset, we're focused on what we don't want. We get more of the things we focus on, and so we soon end up in a negative loop. To help children be successful with our commands, it is essential for us to pivot and focus on what we want. Pivoting is simply pausing when you are upset (and focused on what you don't want), and then using the Power of Attention to focus on what you do want. It's a mental pivot, similar to how a soldier pivots and does an about-face when marching. When you feel yourself getting upset, say to yourself, "I'm feeling upset. I must be focused on what I don't want. What do I want?" Then tell the child what to do. Focusing your child on what you want them to do will help them to be successful in following your commands.

This week's Conscious Commitment - Are you willing?:

I am willing to create mental models for my children so they know what to do. I will help my child visualize my commands by using the Name, Verb, Paint Process:

1. Establish eye contact and then state the child's NAME.
2. Verbalize what you want to see happen. Begin the sentence with a VERB.
3. PAINT a picture of the expected behavior using gesture and visual cues.

As always, we wish you well!

Greenville  
Elementary

7025 Cross Street  
Greenville, IN  
47124

Sarah Pierce, Principal

Cindy Stroud,  
Administrative Intern

Phone:  
812-542-5504

Fax: 812-542-4786

Attendance Line:  
812-542-5301



September: 11th-  
PTO PJ & Stuffed  
Animal Day

September: 16th,  
23rd, 30th & Oct.  
7th All virtual Days

October: 12th-16th  
Fall Break, no  
school

Textbook Rental Invoices will be mailed out by the end of next week. All fees are due by October 1, 2020

If you would like to apply for textbook assistance (same as Free/Reduced Food Service Application) please go online to [www.nafcs.org](http://www.nafcs.org) School Meals Free & Reduced Meal Applications Fill out and submit form electronically.

Cub Scout Pack 4025 Welcomes Boys & Girls for: Frozen in September Join us on any Sunday at 3:30 p.m., at Tunnel Hill Christian Church and learn more about Cub Scouts! Meet Elsa & Sven on Sept. 27th! Have a snowball fight, get your picture taken and more!

Questions? Contact Ms Kat at 502-554-5162 or email at [katdavis76@gmail.com](mailto:katdavis76@gmail.com)


## Technology Support

Families should email [ingreen@nafcs.org](mailto:ingreen@nafcs.org) if you do not have connectivity and have not already sent an email.

Student/Parent virtual learner technology support form <https://docs.google.com/forms/d/e/1FAIpQLSek3wG8R726gYtzo96nVsx4Q2EqCzbnFHOHEmnsPpoWUjZLw/viewform>

Student/Parent technology support call 812-542-4700, Option 1

Information for Parents about Google Meets & Google Classrooms <https://sites.google.com/nafcs.org/nti/parents>



The Floyd County Family YMCA will host Virtual Learning Wednesday. Locations: Floyd County Family YMCA Green Valley Elementary Wednesdays from 6:30 am-6 pm September 16-October 7 Fees: Full-time childcare participants: \$10 each Wednesday. New and Part-time participants: \$35 each Wednesday.

Please make sure you continue to watch your child for symptoms and keep your child home, if he/she is sick. Further, if you (or your child) have been tested for Covid-19, please follow your doctor's advice by remaining quarantined until you have received your results. This is extremely important so that we can help keep everyone safe at school.

September 14th	September 15th	September 16th	September 17th	September 18th
Breakfast: #1 Fruit Filled Strudel #2 Cereal Sides: Fresh Apple Slices, 100% Fruit juice, 1% White Milk	Breakfast: #1 Apple Cinn Toast, #2 Cereal Sides: Orange Wedges, 100% Fruit Juice, 1% White Milk	All Virtual Day	Breakfast: #1 Mini Donuts, #2 Cereal Sides: Grapes 100% Fruit Juice, 1% White Milk	Breakfast: #1 Banana Bread #2 Cereal Sides: Strawberry Cup, 100% Fruit Juice, 1% White Milk
Lunch: #1 Bosco Sticks #2 Breaded Chicken Sandwich Sides: Raisins, Baby Carrots, Cherry Tomatoes, Choice of Milk	Lunch: #1 Mac N Cheese #2 Chef Salad Sides: 100% Frozen Fruit Juice Slushie, Broccoli Florets, Cauliflower Florets, Choice of Milk	All Virtual Day	Lunch: #1 Walking Taco #2 Yogurt Bistro Bag Sides: Orange Wedges, Baby Carrots, Refried Beans, Choice of Milk	Lunch: #1 Orange Chicken Rice Bowl, #2 PBJ Bistro Bag Sides: Sugar Snap Peas, Celery Sticks, Grapes, Choice of Milk